

South Dakota Association of School SDASP UPDATE

FALL 2013

COMING SOON:

October 3-4, 2013

SDASP Conference in
Rapid City, SD



SDASP Goes to Washington!



Pictured above L to R: Kari Oyen, SDASP Treasurer; Kristi Noem, U. S. Representative; Alyssa Larson, SDASP Secretary

Kari Oyen and Alyssa Larson traveled to Washington, D.C. to represent SDASP at the Public Policy Institute. See pages 4-7 for details about what they learned plus more photos.

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SDASP Website:

<http://www.sdasp.k12.sd.us/>

From the President



I hope everyone had a few relaxing summer months before diving back into the 2013-14 school year. Looks like the outside temps are cooling down and the fall weather is finally upon us. That means only one thing. SDASP Conference!! I am so honored to have the ability to host this conference in Rapid City during one of the most beautiful times of the year. Just a reminder that October 3rd, Dr. Teri Hastings will present on the assessment and evaluation of students with concussions/TBI. We will have Qdoba cater in lunch for the SDASP membership board meeting over the noon hour. That afternoon, Shelly Grinde will follow up the discussion with classroom interventions for students with concussions/TBI. Friday morning, October 4th, Jaime Nolan-Andrino from SDSU will present on diversity and ethics. The conference will be completed by noon on Friday so you can enjoy the weekend out in the Black Hills!

It has been a privilege to be the SDASP President this year and I have a new found appreciation for the Executive Board members. If you have a chance, please thank them for their hard work and dedication to keep SDASP active. It truly has been an experience and I thank each one of you for your expertise. If you are interested in being a part of the board, please do not hesitate to talk with one of us.

Stephanie Nesselhuf
President

NASP News



Do you need professional development hours for your NCSP renewal? Attend the conference!

SDASP is now a NASP-Approved Provider.

Join Us in Washington, DC

Get the training you need, connect with school psychology experts, and experience the best of Washington, DC at the NASP 2014 Annual Convention. Join us February 18–21 and renew your passion for the profession.

Representative News

Hello! I am JodyAnn Jongeling, and I am the new Northeast Area Representative for SDASP. I am currently employed at NE Educational Services Cooperative as a School Psychologist and am working with the Hamlin, Elkton, and Lake Preston school districts. I completed my M.S. in Counseling at SDSU, and my Ed.S. in School Psychology at Pittsburg State University in Kansas. I have been working with NESC since 2001. Prior to that, I worked in Children's Mental Health and at the Department of Social Services.



I grew up in Minnesota – actually, only a few miles from the MN Vikings practice field, so I can't help being an eternal Vikings fan...even if they continue to disappoint me. Unfortunately for me, my husband (Todd) and daughter (Marissa, age 16) are Cowboys fans... while I am still trying to convince my son (Parker, age 11) that Purple is the way to go!



Fall Conference Preview

October 3-4, 2013 ∞ Rapid City
Howard Johnson Inn and Suites/Civic Center

THURSDAY MORNING

Dr. Teri Hastings,
Rapid City Regional Health

Topic: Assessment and evaluation of students with concussions/TBI

THURSDAY AFTERNOON

Shelly Grinde,
USD Center for Disabilities

Topic: Classroom interventions for students with concussions/TBI

FRIDAY MORNING

Jaime Nolan-Andrino, SDSU
Topic: Diversity and Ethics

∞

**Lunch on Thursday provided for SDASP members attending the General Membership meeting.*

The conference ends Friday at noon.

SDASP Goes to Washington

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We Are the Difference-Makers: Public Policy Institute, Washington, D.C.

By Kari Oyen, SDASP Treasurer

Alyssa Larson, SDASP Secretary, and I attended the Public Policy Institute in Washington, D.C. on July 17-19th, 2013. It was an honor to represent the South Dakota Association of School Psychologists. We learned about pillars of advocacy and how we can apply the same principles to our efforts here in South Dakota.

The Big Take-Aways

- We all have the ability---and responsibility--- to advocate for our role and services.
- Advocacy and communication may feel outside of your comfort zone; YOU CAN DO IT!
- Skills and strategies exist that contribute to effective professional advocacy and communication.
- We have many resources available through NASP that can help! (www.nasponline.org/communications)

By the numbers...we invest only 8% of the federal budget in children.

(available www.firstfocus.net/cb2013)

SDASP Goes to Washington

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Here are a few of the highlights of our experience:

At the local level, two general ways to advocate for your role were presented:

- Direct advocacy
- Demonstrating value through action

Good communication is essential to both!

The process of advocacy starts with assessing the situation. Identify and collect data that will help you make your case. Next, identify your stakeholders. At the local level, this may be your state representatives, local school board, administrators, students, parents, teachers, etc. Build relationships with other stakeholder groups to identify commonalities and ways in which we can work together for common good (example: School counselors, school social workers, etc.). Next, you need to take the time to craft your message. Ask yourself, in one minute or less, what does it mean to be a school psychologist ?



Kari Oyen, George Suga i(Co-Director of the OSEP Technical Assistance Center on Positive Behavior Interventions and Support), Renee Bradley (Deputy director of OSEP, US Dept of Ed), and Alyssa Larson.

NASP has three messages that are available for use in our advocacy work:

1. In the effort to raise achievement for ALL students, the school psychologist is a potentially untapped resource.
2. School psychologists help educators and families use data and evidenced-based approaches to improve teaching and learning.
3. Improve school outcomes by supporting your school psychologists' comprehensive role.

"Kari and I thank our state association for supporting us in this opportunity to represent the South Dakota Association of School Psychologists in Washington, D.C. at NASP's Public Policy Institute. We were able to learn from public policy experts and professional leaders in our field. This training is highly recommended for NASP members."

~ Alyssa Larson, SDASP Secretary

SDASP Goes to Washington

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In South Dakota, we have a huge opportunity to be agents of change. We can speak for the most vulnerable populations with the smallest voice. In our training, we learned that most voters think that we invest about 18% of the federal budget for kids. When asked about the future, voters say that they want the U.S. to invest at least 31% of the budget for kids. In actuality, we only invest 8% of the federal budget in children. In contrast, we invest 7 times more money in the elderly than we do in children. (available at www.firstfocus.net/cb2013) This was just one of the many data sets that we learned about at our conference.

Advocacy is not only an opportunity, but a responsibility for us as school psychologists. When we take the time to advocate for our role in schools as well as for the students in our schools, we are making a huge difference for student outcomes.

Websites that I found extremely powerful:

<http://datacenter.kidscount.org/> This website is a data warehouse for all trends in child well-being in the United States. If you can count it, they are tracking it!

www.firstfocus.net/cb2013 This is a nonpartisan breakdown of the federal budget in terms of what \$\$\$ is spent on children.

<http://www.sharedwork.org/> This is a hub of different agencies that work together to create communities of partnerships to promote good practices for children.

<http://www.nasponline.org/advocacy/index.aspx> This is the NASP advocacy center where you can find MANY resources to promote the role of school psychologists and the legislative priorities of our national organization.

After two days of our training, Alyssa and I were awarded the opportunity to advocate for students and school psychologists in South Dakota on Capitol Hill. This was by far the highlight of the experience. We were honored to be able to visit with the offices of Tim Johnson (Senator), John Thune (Senator), and Kristi Noem (Representative). We spoke to them about the role of school psychologists in South Dakota, positive practices for schools, as well as preventing the inappropriate use of seclusion and restraint in schools. We were honored to have a meeting with Kristi Noem to talk about all that we do to help students be successful in school! We look forward to sharing more advocacy ideas this fall at our conference!

"We were honored to be able to visit with the offices of Tim Johnson (Senator), John Thune (Senator), and Kristi Noem (Representative)."

SDASP Goes to Washington

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Resources and more are available on the NASP advocacy center website:

<http://www.nasponline.org/advocacy/index.aspx>.



Kari Oyen and Alyssa Larson ready for our day of advocating on Capitol Hill!!

Following our efforts to formulate our message, we then need to identify effective strategies to bring about awareness of our goals and then to implement them. Last, but not least, evaluation of our outcomes is essential, followed by improvements as needed.

We can begin the process of advocating for school psychologists by increasing our visibility in our state as well as being a visible presence in our schools.

How You Can Be an Advocate

By Alyssa Larson, SDASP Secretary

Throughout my training in School Psychology, I have always had a strong sense of not only being an advocate for children and their unique learning needs, but also to be an advocate for the profession of School Psychology. Many of you may feel that you are not interested in politics or may have never really looked into The Public Policy Institute offered by NASP. However, there are hundreds of opportunities for you to be an advocate within your daily roles. Have you thought about these ideas?

When someone asks you "What is a School Psychologist?" whether it be an educator, a parent, someone at the doctor's office or post office, are you giving a good answer? Do not simplify what you do. Also, please share what you have been trained to do as a School Psychologist, even if you feel in your current position you are limited or not able to perform all the duties you are trained to do.

...there are hundreds of opportunities for you to be an advocate within your daily roles.

Team up with your local school counselors, school social workers, school nurses, and other trained professionals. NASP has made an effort to work with their national organizations on many issues. As a team, your message may come across in a more powerful way, whether it is to your local administration or local legislators.

Who can you meet with in your community to share information about School Psychology? I was surprised when we met with our Senators and Representative that much of our time was spent familiarizing them or their staff about what School Psychologists are trained to do. Meeting with your district administrators, local legislators, local pediatricians, or outside counselors helps to spread the message of our profession. Start by asking, "Are you familiar with what School Psychologists do?" This is a great way to start becoming a

stronger advocate for School Psychology. If there are current bills being presented related to education, you can also ask your legislators to either support those bills or state reasons for them to vote against them.

SDASP Executive Board

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Alyssa Larson and Kari Oyen by the White House. "I'm sure we would have been let in if they knew who we were!" reported Kari. :>)

SOUTH DAKOTA ASSOCIATION OF SCHOOL PSYCHOLOGISTS

SDASP MEMBERSHIP APPLICATION

(Membership Year July 1 to June 30)

NAME:	JOB TITLE:
ADDRESS: <div style="text-align: right;">(Zip)</div>	EMPLOYER: <div style="text-align: right;">ADDRESS: (Zip)</div>
PHONE:	PHONE:
E-MAIL (will automatically receive SDASP & NASP announcements/news):	FAX:
NCSP CERTIFIED: Yes No	NASP MEMBER: Yes No
HIGHEST DEGREE:	TRAINING INSTITUTION:
MAJOR FIELD OF STUDY:	MEMBERSHIP DUES: <input type="checkbox"/> \$45 for Regular & Associate <input type="checkbox"/> \$10 for Student & Retired
MEMBERSHIP CATEGORY: <input type="checkbox"/> Regular (must hold valid SD School Psychologist Endorsement) <input type="checkbox"/> Associate (allied fields)	<input type="checkbox"/> Retired <input type="checkbox"/> Student – To be eligible, your advisor must complete the following.
I am interested in participating in the following SDASP activities: <input type="checkbox"/> Leadership Position <input type="checkbox"/> State Newsletter/Web Contributor <input type="checkbox"/> Membership Committee <input type="checkbox"/> PR Committee <input type="checkbox"/> Convention/Workshop Planning <input type="checkbox"/> Government & Professional Relations Committee <input type="checkbox"/> Other	I certify that the above named student is enrolled in a college or university program & is not engaged in full-time employment. ADVISOR'S SIGNATURE: NAME OF SCHOOL:
Send check or money order payable to SDASP to:	Kari Oyen Lennox School District Box 38 Lennox, SD 57039

The *SDASP Update* invites articles, letters, and other items of interest.

We need submissions from our readership. Please consider this opportunity.

The editor reserves the right to edit articles.

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The *SDASP Update* is emailed to members. Archives can be found on the website at: <http://www.sdasp.k12.sd.us/>

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SDASP

**An organization that believes that
all children can learn!**



SDASP Website:
<http://www.sdasp.k12.sd.us>